## **Evaluation Form**

This evaluation form will take just a few minutes to complete, and I value all feedback, both positive and negative. It will be helpful if you complete all items, but if you prefer not to answer some of the items I would still appreciate your input.

(Please mark X in the appropriate column for each item below.)	Strongly agree	Agree	Neutral	Dis- agree	Strongly disagree
The counselling process					
My initial booking was handled effectively.					
The counselling process was clearly explained.					
The counsellor					
I felt safe and able to share with my counsellor.					
I felt heard and understood by my counsellor.					
I felt that my counsellor was good at their job.					
Results of counselling					
I had about the right amount of counselling sessions.					
The counselling gave me the help I needed.					
I would recommend this counselling to others.					
Any other comments					
(Please use the box on the right if you would like to make further comments about the counselling or the counsellor.)					

I give permission for any of this information to be used anonymously  $\Box$